REPORT OF THE TRUSTEES

OF THE

BOSTON

TRAINING SCHOOL FOR NURSES.

ATTACHED TO

THE MASSACHUSETTS GENERAL HOSPITAL.

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OFFICERS.

President.

JAMES M. CODMAN.

Treasurer.

CHARLES P. CURTIS.

Clerk.

Miss MARY ANN WALES.

Directors.

Dr. V. Y. BOWDITCH.
Dr. A. T. CABOT.
Mrs. JAMES M. CODMAN.
Mrs. CHARLES P. CURTIS.
Mrs. E. G. CUTLER.
Miss M. H. DENNY.
Dr. R. H. FITZ.
Mrs. DWIGHT FOSTER.
Miss ELIZA GOODWIN.
Miss AMELIA MORRILL.
Miss SARAH C. PAINE.
Dr. CHARLES P. PUTNAM.
Dr. WM. L. RICHARDSON.
Dr. LE BARRON RUSSELL.
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Miss MARY THOMAS.
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Dr. O. F. WADSWORTH.
Miss EMMA F. WARE.
Dr. GEORGE W. WEST.
Dr. FREDERICK WINSOR.

Superintendent,

Miss ANNA C. MAXWELL.

REPORT.

It is now three years since we have given a report of our work to our subscribers and to the public, and we feel that some account of the progress made since 1883 will have a general interest.

Founded in 1873, when we were allowed to begin in two wards, with six pupils and two head nurses, the Training School now has fifty-four nurses doing the whole nursing of the Massachusetts General Hospital, and of the Convalescent Home. This number is made up of forty-three pupils and eleven head nurses; these, with the night superintendent, being under the charge of the superintendent of the school, who instructs the nurses in daily classes, besides having the supervision of the work throughout the wards.

A nurse enters the School with the agreement to remain two years, unless failure of health or some other sufficient reason makes it advisable for her to withdraw. On the other hand, the Board holds the right to discharge, at any time during these two years, a nurse who proves herself unworthy or incompetent. The education of the nurses, besides the knowledge and practice gained in the daily routine of their work under the head nurses, consists: —first, of the valuable lectures so generously given by various physicians connected with the Hospital, of which

lectures the nurses write abstracts, to be afterwards read and corrected by the visiting director of the month, who is always present at them ; second, by instruction at the bedside, from the house officers, who give additional lectures on practical matters relating to medicine and surgery, which are of great help and advantage to the nurses ; third, of instruction from the superintendent with a manual, accompanied by advice concerning their relation to the work awaiting them after they leave the Hospital. Besides these instructions, each nurse receives, in the course of her two years, a certain number of lessons at the Boston Cooking School, and during the past two years, teaching in massage has been added. A careful record is kept of every nurse who in any way needs correction. This book, which is in the hands of the directors, is each month revised with the assistance of the superintendent, and so far as it is possible to judge, any nurse who does not show decided improvement under this supervision is dismissed.

The Nurses' Registry, in Boylston Place, though not connected with the Training School, supplements it in a valuable way. As a general rule, the need for a nurse arises in a family, suddenly ; at the moment, the only thought is to find a woman of experience, and no time is taken for inquiring beyond that. The Registry, however, is able to supply information on all the details of a nurse's disposition and willingness to accommodate herself to a household, as well as to her abilities for surgical or medical nursing.

From 1873 to 1886, we have had one hundred and forty-three graduates, and of these, eleven have become head nurses at the Massachusetts General Hospital, six-

teen have gone to other institutions, three are occupied in district nursing in other cities, seventy-eight have been registered as nurses in Boston, and the remainder have either died, married, or have moved away. The matron at the Convalescent Home, and the night superintendent at the Massachusetts General Hospital are both graduates of the Training School.

The applications for information and circulars in the last three years have been about eleven hundred. The number of applications refused in that time, one hundred and ninety-four. The number of applicants received on probation, one hundred and twenty-six. The number of graduates, fifty-three.

The sanitary effect of the new building for the nurses, called the "Thayer," in memory of a generous benefactor to the Hospital, has been very marked. The quiet of the building insures undisturbed sleep for those nurses who have been on night duty, and the relief from the air and influences of the Hospital gives rest to mind as well as body in the intervals of work.

Very sincere thanks are due to those whose contributions of money have supplied the means to place in the nurses' sitting room a well chosen library of standard and modern authors, including the best books upon the topics belonging to their work. Also, to the friend who, in each of the last two years, has given us the sum of one hundred dollars, to be used for the current expenses of the library, and for the purchase of some valuable charts.

We feel the necessity of pressing our needs upon the public at this time, for, since our last report was published, we have lost some generous friends, and additional subscriptions are much wanted. Indeed, our work must be

curtailed unless we can procure funds, our expenses having exceeded our receipts in this last year.

Very earnestly do we wish to express our gratitude to the late Dr. Whittemore for all that he has been to the Training School while at the head of the Hospital. Patient in our small beginnings, and though always considering his responsibility to the Hospital first, he was wise and helpful both to directors and nurses, and a courteous friend to all.

We are under great obligations to the Staff of the Hospital for the time expended in lectures which are a most important part of the nurses' training; to the House Officers who have given valuable information both by the bedside, and in the lecture room, and to the Trustees of the Hospital. An additional advantage has been afforded the nurses during the last year, in allowing them to assist in the out-patient Department, and for this we are indebted to Dr. Whittemore's suggestion and to the kind co-operation of the physicians and surgeons. To the public we would say that any money put into the hands of the Directors of the School is expended with all economy possible in view of the importance of our work to the community.

William L. Richardson, M.D.
Caroline G. Curtis.

LIST OF LECTURES AND SUBJECTS

FOR THE YEAR 1885—6.

DR. F. B. HARRINGTON. Sept. 18

Doses and preparation of medicine. Serving medicine.

DR. TARBELL. Sept. 25, Oct. 2

Foods and feeding. Chills and Convulsions.

DR. C. P. STRONG. Oct. 9

Special nursing in diseases of women, including vaginal injections, douches and the use of the Catheter.

DR. WEST. Oct. 16, 23, 30. Nov. 6

Surgical dressings, plasters, poultices, washes, application of bandages. Fractures and splints. Bed sores. Urine.

DR. F. C. SHATTUCK. Nov. 13, 20, 27

Care of room, including ventilation, temperature, disinfectants and deodorisers. Light and noise. Cleaning and dusting. Care of bed-linen and clothing. Washing. Convalescence. Special nursing in diseases of children.

Dr. White. Dec. 4, 11

Care of skin of new-born children. Care of skin in general.

Dr. Wadsworth. Dec. 18

Special nursing in diseases of the eye.

Dr. William L. Richardson. Dec. 24, Jan. 2, 9, 16, 23, 30

Confinements. Before, during, and after delivery. Obstetric emergencies. Care of new-born child.

Dr. Cabot. Feb. 6, 13, 20, 27.

Theory of wounds, including scab, suppuration and sloughs. Odor, gangrene, erysipelas, pyæmia, special nursing in tracheotomy.

Dr. Cutler. March 6, 13, 20, 27

Topographical anatomy. Care of the dead; autopsies, pulse, respiration and temperature considered physiologically. Secretions and excretions. Dropsy in general.

Dr. J. J. Putnam. April, 3, 10, 17

Special nursing in diseases of the nervous system including mania, hysteria and prostration. Massage.

Dr. Abbot. April 24, May 1

Leeches, blisters, liniments, enemata and baths. Nursing in fever with reference to diet and stimulants. Relief of heat and sweating. Delirium, restlessness and headache. Special consideration of typhoid fever and acute rheumatism.

Dr. Whittier. May 5, 11

Special nursing in diseases of thoracic organs.
Special nursing in diseases of abdominal organs.

Dr. M. H. Richardson. May 25, 29, June 5

Anæsthesia. Care of patients before, during and after operations, including diet and possible emergencies. Hemorrhage, shock and collapse.

Dr. William L. Richardson. June 21

Duties and conduct of nurses in private nursing.

Dr. CHARLES P. CURTIS, *Treasurer*, in account with BOSTON TRAINING SCHOOL FOR NURSES. ***Cr.***

1885.		
Jan. 1.	To balance in Treasury.....	$1,006 12
	Subscriptions and donations..	1,735 00
	Income from fund.....	726 00
Dec.	Interest at Bank.....	33 24
		$3,500 36

1885.		
January.	Total monthly expenses, including salary of Superintendent.....	$2,381 96
	Materials for nurses' dresses, &c.....	149 24
	Superintendent *ad interim*..	75 00
	Cooking School.....	20 00
	Books and magazines.....	46 75
		$2.672 95
Dec. 31.	Balance in treasury.....	827 41
		$3,500 36

The permanent fund is invested as follows :

30 shares Boston & Albany R. R. Co.
4 " Boston Gas Light Co.
10 " Boston & Maine R. R. Co.
10 " Old Colony R. R. Co.
$2,000 7 per cent. bonds Atchison & Nebraska R. R.

CHARLES P. CURTIS,
Treasurer.

LIST OF SUBSCRIBERS FOR 1885.

Wm. Amory,	$25.00
C. W. Amory,	25.00
Jas. H. Beal,	10.00
Jas. H. Blake,	50.00
Mrs. J. R. Brewer,	10.00
Martin Brimmer,	20.00
Mrs. S. H. Bullard,	5.00
Mrs. W. S. Bullard,	5.00
Mrs. J. E. Cabot,	5.00
Jas. M. Codman,	10.00
Mrs. Alex. Cochrane,	10.00
Robert Codman,	10.00
T. J. Coolidge,	25.00
Chas P. Curtis,	20.00
Robt. M. Cushing,	50.00
Louis Curtis,	10.00
Edmund Dwight,	10.00
Wm. Endicott, Jr.,	50.00
Mrs. Geo. J. Fiske,	5.00
John Foster,	100.00
Chas. Fairchild,	10.00
Henry S. Green,	10.00
Wm. O. Grover,	25.00
Mrs. Ozias Goodwin,	10.00
Miss Eliza Goodwin,	10.00
Mrs. E. J. Hooker,	5 00
H. H. Hunnewell,	100.00
H. P. Kidder,	50.00
Mrs. J. B. S. Jackson,	25.00
Miss E. M. Jones,	10.00
Henry Lee,	10.00
Geo. C. Lee,	$10.00
Augustus Lowell,	15 00
Miss E. F. Mason,	50.00
Chas. Merriam,	25.00
Mrs. Caroline Merriam,	25.00
Miss S. C. Paine,	10.00
Mrs. G. R. Payson,	20.00
O. W. Peabody,	25.00
F. H. Peabody,	25.00
Mrs. John C. Phillips,	50.00
Mrs. Jeffrey Richardson,	50.00
Rev. R. E. Robbins,	20.00
Henry Salstonstall,	25.00
J. M. Sears,	100.00
Mrs. Ignatius Sargent,	10.00
Mrs. D. H. Storer,	10.00
Miss Storer,	10.00
Mrs. G. H. Shaw,	20.00
B. Schlesinger.	25.00
Miss Mary Thomas,	10.00
Nathaniel Thayer,	50.00
E. V. R. Thayer,	50.00
Bayard Thayer,	50.00
John E. Thayer,	50.00
Mrs. W. W. Wadsworth,	100.00
Miss Mary Ann Wales,	100.00
George W. Wales,	20.00
S. H. Whitwell,	10.00
Miss Whitwell,	5.00
Mrs. J. H. Wolcott,	50.00

TRAINING SCHOOL FOR NURSES,

ATTACHED TO

THE MASSACHUSETTS GENERAL HOSPITAL IN BOSTON.

The Directors of the Training School for Nurses have made arrangements with the Trustees of the Massachusetts General Hospital for giving a two years' training to women desirous of becoming professional nurses.

Persons wishing to receive this course of instruction must apply to the Superintendent of the Training School, Massachusetts General Hospital, Blossom Street, Boston.

The most desirable age for candidates is from twenty-five to thirty-five years; they must be in sound health, and must present, on application, a certificate from some responsible person as to their good character. After approval by the Superintendent of the school and the Resident Physician of the Hospital, they are received for one month on probation. During this month they are boarded and lodged at the Hospital, but receive no compensation.

They are under the authority of the Resident Physician and the Superintendent, and are subject to the Rules of the Hospital. Their fitness for the work, and the propriety of retaining or dismissing them at the end of the

month of trial, is determined by the Resident Physician of the Hospital and the Superintendent and Directors of the School; and the same authorities can also discharge them at any time, in case of misconduct of inefficiency. They reside in the Hospital, and serve as assistant nurses in the wards of the Hospital.

TRAINING.

Those fulfilling the conditions of the probationary month are accepted as pupils. They must sign a written agreement to remain at the school for two years, and to conform to its rules.

The instruction includes: —

1. The dressing of burns, sores, and wounds; the preparation and application of fomentations, and poultices, of cups and leeches, and of minor dressings.

2. The administration of enemas, and use of the catheter.

3. The best method of rubbing and exercising the sick.

4. The care of patients' rooms; changing sheets while a patient is in bed; ventilation.

5. The management of helpless patients, changing their clothing, giving baths in bed, and preventing bed-sores.

6. Bandaging; making bandages and rollers; lining splints.

7. Certain emergencies, and how to treat them.

8. The preparation, cooking and serving of nutritious and appetizing food.

They are taught to observe accurately the state of the secretions, expectorations, pulse, skin, appetite, tempera-

ture, sleep, eruptions, effect of diet or of stimulants or medicine. They also are instructed with regard to the management of convalescents. This instruction is given mainly by the Superintendent and by the Head Nurses. Lectures, recitations, demonstrations, also take place at stated periods.

Examinations will take place from time to time, relative chiefly to practical points.

The pupils are employed as assistant nurses in the wards of the Hospital, and are paid ten dollars ($10.00) a month, during the first year, for their clothing and personal expenses. The sum is in nowise intended as wages, it being considered that their education during this time is a full equivalent for their services.

At the expiration of one year, they receive such increase of pay as the Directors shall see fit. During both years of the course they board and lodge at the Hospital.

When the full term of two years is completed, those nurses who have passed a satisfactory examination receive a diploma certifying to their period of training, their proficiency, and good character.

The Directors reserve the right to terminate the connection of any nurse or pupil with the school, for any reason which they may deem sufficient.

This Paper is to be filled out (*in the Candidate's own handwriting*), *and sent to* MISS MAXWELL, *Supt. Training School, Mass. Gen'l Hospital, Blossom St.*

---

1. Name in full, and present address of candidate.
2. Are you a single woman or widow?
3. Your present occupation or employment?
4. Age last birthday, and date and place of birth?
5. Height and weight?
6. Where educated?
7. Are you strong and healthy? and have you always been so?
8. Have you any physical defect?
9. If a widow, have you children? How many? Their ages? How are they provided for?
10. Where (if any) was your last situation? How long were you in it?
11. The names in full and addresses of two persons to be referred to? State how long each has known you. If previously employed, one of these must be the last employer, one of them shall not be a relative.

——has known me——years.

——has known me——years.

I declare the above statement to be correct.

DATE..... ....

SIGNED.....

Candidate.

(Form of Diploma.)

Boston Training School for Nurses.

This Certifies that .....

has completed the term of two years at the Boston Training School for Nurses, connected with the Massachusetts General Hospital, during which time her conduct has been satisfactory; and she has passed the required examinations.

..... *President.*

..... *Secretary.*

GRADUATES.

1875

Miss Margaret Russell.
" Alice E. Emerson.
Mrs. Mary Ann Kelly.

1876

Miss Jane A. Seaman.
Mrs. Lucretia L. Brigham.
Miss Jane Craig.
" Emma M. Sinclair.
" Emma Barnes.
" Nettie A. Moorhead.
Miss Emma Brown.
" Georgianna D. Read.
" Elizabeth Gilliland.
" Damie Duff.
" Flora B. Page.

1877

Miss Luthera Emerson.
" Sarah Gleason.
" Eliza M. Wood.
Miss Clementina Foss.
" Amelia E. Wright.

1878

Miss Isabella McMillan.
" Sarah Cowling.
" Mary E. Davis.
" Sophia F. Palmer.
" Electa Foster.
" Katherine L. Doyle.
" Effie J. Batchelder.
" Ida F. Arnold.
" Emma F. Goodnow.
" Caroline Gordon.
Miss Christine M. Smith.
" Seretha Miller.
" E. Sophia Freeman.
" Ida M. Bruce.
" Alice M. Dane.
Mrs. Elizabeth B. Monsoon.
Miss Sarah O. Scranton.
Mrs. Martha A. Clark.
" Frances A. Moore.

1879

Miss Catherine Davis.
" Bessie A. F. Ames.
" Hannah Richards.
Miss Olive P. Young.
" May L. Lee.
" Blanche Thayer.

1880

Miss Ellzabeth Hoag,
" Elizabeth Mumford,
" Corinne Safford.
" Martha Burbeck.
" Alice Jobe.
" Annie Creley.
Mrs. Elizabeth Huggins.
Miss Carrie Brigham.

Miss Elizabeth R. Scovil.
" Annie B. Hall.
" Elizabeth McPhail.
" Grace E. Eaton.
" Mary L. Wood.
" Emma J. Seaman.
" Anna M. Webber.
" Hannah E. Sweet.

1881

Miss Caroline L. Anderson.
" Eunice Draper.
Mrs. Mary S. Cassidy.
" Lydia L. Hawkes.
Miss Caroline Houdlette.
" Jennie L. Scofield.
" Mary Lynch.
Mrs. Anna Bacon.

Mrs. Mary L. Tebbets.
Miss Nettie Morey.
" Fannie Morey.
" Lucy Webster.
" Julia Casey.
" Mary H. McKeon,
" Juliet B. Smith.

1882

Miss Emeline K. Lord.
" Clara D. Cowie.
" Fannie K. Slayton.
" Ida M. Blake.
" Agnes Lyon.
Mrs Mary Bryant.
Miss Lucy V. Pickett.

Miss Sarah E. Smythe.
" Helen Chamberlain.
" Amelia V. Ackles.
" M. Frances Palmer.
" Ada M. Watson.
" Florence Rice.
" Eliza J. Dickey.

1883

Miss Mary I. Demarest.
" Mary Alden.
" Annie Fox.
" Susan M. Laurence.
" Alice Scott.
" Millie Jacobs.
" Vena Canfield.
" Florence Parker.
Mrs. Viola Dean.
Miss Mary O. Gerry.
" Maria B. Brown.

Miss Laura Steele.
Mrs. Mary B. Hall.
Miss Juliet Lambert.
" Isabella Edmands.
" Mary E. Magovern.
" Hannah E. Pray.
" Emma Cutler.
" Jessie Brown.
" Frances Goodnow.
" Addie F. Magirney.

1884

Miss Maria Llewellyn.
" Grace Richardson.
" Frances A. Smith.
" Eugeina Bingham.
" Mary A. Alexander.
" Phebe V. Fisher.
" Mary E. Douglass.
" Maria L. Blaney.

Miss Elizabeth G. Shadie.
" Mary Morey.
" Lucy N. White.
" Matilde M. Helmholdt.
" Dora E. Puff.
" Nellie M. Hardy.
" Sarah Stevens.

1885

Miss Elise Steinman.
" Ella A. Thompson.
" Imogene Slade.
" Zelpha L. Hudgins.
" Clara E. Norris.
Mrs. Harriet H. Fraser.
Miss Eva Allerton.
" Georgie H. Harwell.
" Nettie A. Wilson.

Miss Daisy A. M. McKeon.
" Cornelia Barrell.
" Harriet O. Coombs.
" Annie H. MacCurdy.
" Alice M. Peck.
" Charlotte E. Kenny.
" Mary E. Pearson.
" Margaret Beckingham.

DIED.

Miss Margaret Russell.
Miss Nettie A. Moorhead.
Miss Jennie L. Scofield.

Miss Mary L. Wood.
Miss Emeline K. Lord.
Miss Isabella McMillan.

MARRIED.

Miss Mary Ann Kelly,
" Jane Craig.
" Elizabeth Gilliland.
" Sarah Gleason.
" Clementena Foss.
" Martha Burbeck.
" Sarah Cowling.
" Effie J. Batchelder.

Miss Seretha Miller.
" Ida M. Bruce.
" Alice M. Dane.
" Eunice Draper.
" Caroline Houdlette.
" Maria L. Blaney.
" Phebe V. Fisher.